



Ying Han

AGE

42

EU RANKING

4

NATION

CHINESE, GERMAN

PLAYING STYLE

DEFFENSIVE

PLAYING HAND

RIGHT

CLUB

KTS ZAMEK TARNOBREZEG

DATE OF BIRTH

29 APRIL 1983

HEIGHT

170 CM

PLACE OF BIRTH

SHENYANG, LIAONING, CHINA

GRIP STYLE

SHAKEHAND

COACH

-

WORLD RANKING

22

CLUBS AS THE ACTIVE PLAYER(S)

KTS ZAMEK TARNOBREZEG

MEDALS AND TITLES

Olympic Games:

- 2016 Rio de Janeiro, Silver medal – second place, Team

World Championships:

- 2022 Chengdu, Bronze medal – third place, Team

European Games:

- 2015 Baku, Gold medal – first place, Team
- 2019 Minsk, Gold medal – first place, Team
- 2019 Minsk, Silver medal – second place, Singles
- 2023 Kraków-Małopolska, Silver medal – second place, Team

European Championships:

- 2013 Schwechat, Gold medal – first place, Team
- 2014 Lisbon, Gold medal – first place, Team
- 2015 Yekaterinburg, Gold medal – first place, Team
- 2018 Alicante, Gold medal – first place, Mixed doubles
- 2023 Malmö, Gold medal – first place, Team
- 2017 Luxembourg City, Silver medal – second place, Team
- 2013 Schwechat, Bronze medal – third place, Singles
- 2015 Yekaterinburg, Bronze medal – third place, Doubles

Europe Top-16:

- 2022 Montreux, Gold medal – first place, Singles
- 2023 Montreux, Gold medal – first place, Singles
- 2025 Montreux, Gold medal – first place, Singles

PLAYING STYLE AND PERSONALITY

Right-handed shakehand defender, specialising in modern defensive chopping with heavy underspin, spin variation, and precise placement. Integrates selective counter-attacks to transition from defense to opportunistic offense when openings appear. Her consistency, patience, and

resilience in long rallies make her one of the few remaining top-level defensive specialists on the international circuit. On court, she is regarded as mentally tough and technically disciplined; off the table, she is seen as humble, committed, and a respected veteran presence and mentor within the German and European table tennis community.

BREAKTHROUGH MOMENTS AND ACHIEVEMENTS

2025

Europe Top-16 Cup, Montreux

- Regained the Europe Top-16 Cup women's singles title following her injury-induced absence in 2024, marking a major comeback and reaffirming her elite defensive prowess.

World Championships, Doha

- Returned to World Championships competition after recovery and competed with a protected ranking following Achilles tendon injuries in 2024, demonstrating competitiveness at the highest level.

2024

Olympic Games, Paris

- Despite advancing age and previous injury challenges, Han Ying was one of the few elite defensive players at the Tokyo & Paris Olympic cycle, showcasing her enduring skill and tactical consistency on the Olympic stage.

2017

Career-High Ranking

- Achieved a career-high ITTF world ranking of No. 6 in March 2017, reflecting her peak global standing and sustained international excellence.

2010

Representing Germany

- After acquiring German citizenship, Han Ying became eligible to represent Germany internationally, beginning a new and highly successful chapter in her career.

CAREER

Born on 29 April 1983 in Shenyang, China, Han Ying began playing table tennis under the guidance of her father, a coach, transitioning from an attacking foundation to the defensive chopping style that would define her career. She moved to Germany in the early 2000s to compete in the Bundesliga and quickly established herself as a standout performer. After becoming a naturalized German citizen in 2010, she emerged as a core member of the national team and one of Europe's

leading defensive specialists.

Her career includes a silver medal in the women's team event at the 2016 Rio Olympic Games, multiple European Championship titles, and podium finishes at World Championships. Despite significant Achilles tendon injuries in 2024, she returned in 2025 with a notable comeback season highlighted by victory at the Europe Top-16 Cup and competitive performances across WTT and ITTF events, reinforcing her longevity and relevance at the elite level.

LEGACY AND FUTURE GOALS

Han Ying is regarded as one of the most accomplished defensive players of the modern era, achieving international success in an era dominated by offensive styles. Her Olympic medal, European titles, and sustained presence in top-tier competition underscore her technical mastery and resilience. Looking ahead, she is expected to continue competing selectively while gradually shifting towards mentorship and potential coaching roles, aiming to support the development of younger players and promote the value of diverse playing styles within the sport.

SOCIAL MEDIA

- Instagram: [@ying_han_429](#)