



# Sabine Winter

AGE

33

EU RANKING

1

NATION

GERMAN

PLAYING STYLE

ANTI-SPIN BACKHAND

PLAYING HAND

RIGHT

CLUB

TSV DACHAU 1865



DATE OF BIRTH	27 SEPTEMBER 1992
HEIGHT	168 CM
PLACE OF BIRTH	BAD SODEN, GERMANY
GRIP STYLE	SHAKEHAND
COACH	TOM WETZEL
WORLD RANKING	16
CLUBS AS THE ACTIVE PLAYER(S)	TSV DACHAU 1865

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## MEDALS AND TITLES

### World championships

- 2010 Moscow, Bronze medal – third place, Team
- 2022 Chengdu, Bronze medal – third place, Team

### European games

- 2023 Kraków-Małopolska, Silver medal – second place, Team

### European championships

- 2013 Schwechat, Gold medal – first place, Doubles
- 2014 Lisbon, Gold medal – first place, Team
- 2015 Yekaterinburg, Gold medal – first place, Team
- 2016 Budapest, Gold medal – first place, Doubles
- 2021 Cluj-Napoca, Gold medal – first place, Team
- 2023 Malmö, Gold medal – first place, Team
- 2017 Luxembourg City, Silver medal – second place, Team
- 2020 Warsaw, Silver medal – second place, Doubles
- 2022 Munich, Bronze medal – third place, Singles
- 2025 Zadar, Gold medal – first place, Team

### Europe Top-16

- 2017 Antibes, Bronze medal – third place, Singles

## PLAYING STYLE AND PERSONALITY

Right-handed shakehand grip with an attacking base. Strong forehand and varied tempo form the core of her game, supported by recent incorporation of anti-top rubber on the backhand to introduce unorthodox spin variation and tactical unpredictability in rallies. On-table, she demonstrates adaptability, resilience, and strategic discipline, with her technical adjustments contributing to a notable competitive resurgence in 2025. Off the table, she remains active in social causes, including support for underprivileged children in Uganda.



## BREAKTHROUGH MOMENTS AND ACHIEVEMENTS

2025

### **WTT Champions Montpellier & European Team Championships**

- Reached the final of the WTT Champions Montpellier, becoming the first European woman to do so in a WTT Champions event and narrowly losing 3-4 in an epic final. Climbed to World No. 16, her highest career ranking, and secured the European Team Champion title with Germany in Zadar.

2025

### **Europe Top-16 Cup, Montreux**

- Advanced to the semifinals of the Europe Top-16 Cup, reinforcing her elite status in European competition.

2023

### **German National Championships, Nürnberg**

- Won the German National Championship women's singles title, asserting national dominance and consistency at the top level.

2022

### **European Table Tennis Championships, Munich**

- Bronze medal in women's singles at the European Table Tennis Championships.

2017

### **Europe Top-16**

- Bronze medal in singles at the Europe Top-16.

2013

### **ITTF World Tour Belarus Open**

- Won the women's singles title at the ITTF World Tour Belarus Open, an early breakthrough on the international stage.

2010

### **World Team Championships, Moscow**

- Contributed to Germany's bronze medal at the World Team Championships at age 18.

2009

### **World Junior Championships**

- Reached the Round of 16 in Junior Girls' Singles at the World Junior Championships, demonstrating her potential early in her career.



## CAREER

Sabine Jane Winter began playing table tennis at a young age in Germany, progressing through the national system to become a key figure of the German national team. Historically successful in team and doubles formats, she contributed to multiple European Championship titles and World Championship podium finishes. Her career entered a notable renaissance in 2025 following a tactical shift to anti-top rubber on the backhand, enabling a refreshed playing identity and breakthrough results at elite WTT events. This strategic evolution supported her rise to a career-best world ranking and sustained her presence on the global professional circuit, demonstrating both longevity and adaptability at the highest level.

## LEGACY AND FUTURE GOALS

Winter's legacy is defined by her long-standing contributions to German table tennis, her role in multiple European team triumphs, and her impact as the first European woman to reach a WTT Champions final. She is regarded as a model of late-career evolution, setting new performance benchmarks through strategic reinvention. Looking ahead, her objectives include securing a WTT Champions title, consolidating or improving her Top-20 world ranking, and continuing to strengthen Germany's international competitiveness while inspiring the next generation of players.

## SOCIAL MEDIA

- Instagram: [@sabine.winter.92](#)