



Natalia Bajor

AGE

28

EU RANKING

13

NATION

POLISH

PLAYING STYLE

OFFENSIVE/DEFFENSIVE

PLAYING HAND

RIGHT

CLUB

KTS ENEA SIARKOPOL TARNOBREZG

DATE OF BIRTH

7 MARCH 1997

HEIGHT

170 CM

PLACE OF BIRTH

BRZEG, POLAND

GRIP STYLE

SHAKEHAND

COACH

ZBIGNIEW NĘCEK

WORLD RANKING

65

CLUBS AS THE ACTIVE PLAYER(S)

KTS ENEA SIARKOPOL TARNOBRZEG

MEDALS AND TITLES

European Championships

- 2024 Linz Doubles, Bronze medal – third place
- 2019 Nantes Team, Bronze medal – third place

European Games

- 2019 Minsk Team, Bronze medal – third place

Polish National Championships

- 2025 Białystok Singles, Gold medal – first place
- 2025 Białystok Doubles, Gold medal – first place (with Zuzanna Wielgós)
- 2025 Białystok Mixed Doubles, Gold medal – first place (with Marek Badowski)

PLAYING STYLE AND PERSONALITY

Natalia Bajor plays with a right-handed shakehand grip and is known for her all-round playing style that combines both offensive pressure and defensive resilience. Her tactical adaptability and ability to adjust mid-match have been key elements of her success. Off the table, she's recognized for her discipline, recovery-focused training, and passion for coffee – often part of her matchday warm-up rituals. Her social media presence reflects a dedicated and competitive athlete who thrives on the demands of the tour.

BREAKTHROUGH MOMENTS AND ACHIEVEMENTS

2025

Polish National Championships

- Became national champion in all three major categories – Women's Singles, Women's Doubles (with Zuzanna Wielgós), and Mixed Doubles (with Marek Badowski), completing a rare domestic treble.

2024

- Natalia Bajor advanced to the Round of 16 in the Women's Singles event at the Paris 2024 Summer Olympics. She won her Round of 64 match against Suthasini Sawettabut 4-3 and her Round of 32 match against Yu Fu 4-3 before losing to Cheng IChing 0-4. In the Women's Team event, the Polish team, including Bajor, was eliminated in the Round of 16 after a 0-3 loss to Japan.

2018

- Celebrated her 21st birthday by winning the Women's Singles title at the Polish National Championships, underscoring her dominance in national competitions.

2012

- At age 15, she debuted for the Polish national team, showcasing her early promise and dedication to the sport.

CAREER

Natalia Bajor, born on March 7, 1997, in Brzeg, Poland, began playing table tennis at the age of five, encouraged by a family rooted in the sport. At ten, she moved to Wrocław to attend a table tennis academy and soon rose through the national ranks. Her international debut for Poland came at 15, launching a career that includes multiple national titles, European Championship medals, and Olympic appearances. In 2025, she completed a historic triple crown at the Polish National Championships and continued to perform at high levels on the WTT and ITTF tours.

LEGACY AND FUTURE GOALS

By the end of 2025, Natalia Bajor has become one of Poland's most decorated and consistent female players, known for her tenacity, tactical intelligence, and longevity. She continues to inspire younger athletes while representing Poland at the highest levels. Her future goals include further climbs in the world rankings, deeper runs in major international tournaments, and continued leadership within both the national and club teams.

SOCIAL MEDIA

- Instagram: @nnbajor