



Maria Xiao

AGE	31
EU RANKING	12
NATION	PORTUGUESE, SPANISH
PLAYING STYLE	OFFENSIVE
PLAYING HAND	LEFT
CLUB	UCAM CARTAGENA TM

DATE OF BIRTH

19 MAY 1994

HEIGHT

175 CM

PLACE OF BIRTH

CALELLA, SPAIN

GRIP STYLE

SHAKEHAND

COACH

YANFEI SHEN

WORLD RANKING

88

CLUBS AS THE ACTIVE PLAYER(S)

UCAM CARTAGENA TM

MEDALS AND TITLES

WTT Events

- 2025 Feeder Vila Nova de Gaia Mixed Doubles, Gold medal – first place

European Championships

- 2024 Linz Mixed Doubles, Gold medal – first place
- 2024 Linz Singles, Bronze medal – third place
- 2022 Munich Doubles, Bronze medal – third place

Mediterranean Games

- 2022 Oran Singles, Bronze medal – third place
- 2018 Tarragona Team, Gold medal – first place

National Championships

- 2025 Spanish National Championships Singles, Gold medal – first place

PLAYING STYLE AND PERSONALITY

María Xiao is a left-handed attacker using a shakehand grip. Her playing style is built on strong strategic variation, quick footwork, and a powerful backhand, making her a formidable presence in both singles and doubles. She thrives in mixed doubles situations thanks to her adaptability, tactical awareness, and chemistry with long-time partner Álvaro Robles. Off the table, María is respected for her resilience, focus, and leadership within Spanish table tennis.

BREAKTHROUGH MOMENTS AND ACHIEVEMENTS

2025

- Secured her fifth Spanish national title in women's singles, reinforcing her status as Spain's top female player.
- Reached the quarterfinals in women's doubles and mixed doubles at the World Championships in Doha, proving her consistent form on the global stage.

- Won the mixed doubles title at WTT Feeder Vila Nova de Gaia with Álvaro Robles.
- Qualified for the WTT Finals Mixed Doubles event in Hong Kong – among the world's top-ranked pairs.

2024

- Won gold in mixed doubles and bronze in women's singles at the European Championships in Linz – becoming the first Spanish woman to earn an individual medal at the event.
- Achieved an Olympic diploma in mixed doubles at the Paris Olympics, a historic first for Spanish table tennis.
- Captured her fourth national title at the Spanish Championships in Tarragona.

2022

- Earned bronze in women's doubles at the European Championships in Munich, confirming her strength in partnership events.

2018

- Led Spain to gold in the women's team event at the Mediterranean Games in Tarragona.

2017

- Advanced to the Top 16 in women's singles at the World Table Tennis Championships, marking her rise in international competition.

2010

- Represented Portugal at the Youth Olympic Games, gaining early experience at top international level.

CAREER

Born in Calella, Spain, María Xiao comes from a table tennis family – both parents were former professionals from China. She spent her childhood in Madeira and originally represented Portugal before switching to Spain in 2012. Since then, María has become a central figure in Spanish table tennis, with multiple appearances at the Olympic Games (Tokyo 2020, Paris 2024), and key victories across European and global competitions. She is especially noted for her success in mixed doubles with Álvaro Robles and her consistent leadership within the Spanish national team.

LEGACY AND FUTURE GOALS

As of December 2025, María Xiao is recognized as a trailblazer for Spanish women's table tennis. Her European Championship medals and Olympic achievements have set new national records.

She has helped elevate the visibility of the sport in Spain and continues to serve as a role model for young players. Going forward, she aims to further improve her international rankings, pursue deeper runs in WTT events, and compete for medals at upcoming World Championships and Olympic Games.

SOCIAL MEDIA

- Instagram: @mariaxiao

