



European Table Tennis Union

EUROPE  
TOP 16 CUP | 中国建设银行  
MONTREUX (SWITZERLAND)



中国建设银行  
China Construction Bank

LIEBHERR

MONTREUX  
RIVIERA®  
pure inspiration

TIBHAR

红双喜  
DHS

Fairmont  
LE MONTREUX PALACE



# Fu Yu

AGE

47

EU RANKING

11

NATION

PORTUGUESE

PLAYING STYLE

ATTACKING

PLAYING HAND

RIGHT

CLUB

TTC BERLIN EASTSIDE E.V.

DATE OF BIRTH	29 NOVEMBER 1978
HEIGHT	173 CM
PLACE OF BIRTH	HEBEI, CHINA
GRIP STYLE	PENHOLD
COACH	-
WORLD RANKING	57
CLUBS AS THE ACTIVE PLAYER(S)	TTC BERLIN EASTSIDE E.V.

## MEDALS AND TITLES

### Club Competitions (ETTU / Champions League)

- 2024 Champions League Women (Tarnobrzeg), Gold medal – first place

### European Games

- 2023 Kraków-Małopolska Team, Bronze medal – third place
- 2019 Minsk Singles, Gold medal – first place

### European Championships

- 2023 Malmö Team, Bronze medal – third place
- 2021 Cluj-Napoca Team, Bronze medal – third place
- 2019 Nantes Team, Silver medal – second place
- 2019 Nantes Singles, Bronze medal – third place
- 2016 Budapest Singles, Silver medal – second place
- 2015 Yekaterinburg Singles, Bronze medal – third place

### Europe Top-16

- 2021 Thessaloniki Singles, Silver medal – second place

## PLAYING STYLE AND PERSONALITY

Fu Yu is a right-handed penhold player – a rare style on the modern tour – known for her combination of patient tactical placement and aggressive forehand topspins. She uses DHS Hurricane 3 rubber on her forehand and Friendship RITC 802 on the backhand, allowing her to generate spin while maintaining control close to the table. Her extensive match experience supports a calm, strategic game and measured shot selection. On court, she is respected for her composure and resilience. Off the table, she is known for her discipline, consistency, and long-standing contribution to Portuguese table tennis.

## BREAKTHROUGH MOMENTS AND ACHIEVEMENTS

## 2025

- Quarterfinalist at WTT Contender Lagos – her best result of the season.
- Advanced through qualifiers at WTT Contender Ljubljana, showcasing continued competitiveness at age 47.
- Maintained international presence across WTT events and European club competitions.

## 2024

- Qualified for her third Olympic Games by winning the European Olympic Singles Qualification in Sarajevo (beat Margaryta Pesotska in a 7-game thriller).
- Represented Portugal in Paris 2024, advancing to the Round of 32 in Women's Singles.
- Led Tarnobrzeg to Champions League victory, winning key matches including one against Portugal teammate Shao Jieni.

## 2019

- Made history by winning Gold in Women's Singles at the 2019 European Games in Minsk – one of Portugal's most significant table tennis titles.

## 2016

- Claimed European Championship Silver in Women's Singles – one of her earliest major breakthroughs in continental competition.

## 2013

- Captured Bronze in Women's Singles at the 2013 European Championships in Schwechat, marking her rise into Europe's elite.

## CAREER

Fu Yu was born in Hebei, China on November 29, 1978. She began playing table tennis at age seven and developed her distinctive penhold style during her early years in China. After relocating to Europe, she became a Portuguese citizen and began representing Portugal internationally. Over a professional career spanning two decades, Fu Yu has become one of the most successful and consistent female players in Portuguese table tennis history. She has earned medals at multiple European Championships and European Games, and competed in three Olympic Games – Rio 2016, Tokyo 2020, and Paris 2024. Her achievements include historic continental titles and leadership roles in European club championships, notably with Polish powerhouse Tarnobrzeg.

## LEGACY AND FUTURE GOALS

As of December 2025, Fu Yu is widely recognized as a legend of Portuguese table tennis – both for

longevity and for her headline victories, particularly at the 2019 European Games. Her commitment to the sport, exceptional technical foundation, and calm competitive demeanor continue to inspire the next generation. While she remains active on the WTT tour and in club play, she has expressed her desire to "keep playing as long as possible" without specifying future goals. Whether on or off the court, her legacy is secured through her achievements and the respect she commands across the international table tennis community.

