





Truls Carl Eric Möregård

Nickname:	The Swedish Rocket
Nation:	Swedish 
Date of birth:	16 February 2002
Height:	177 cm
Place of birth:	Hovmantorp, Sweden
Playing hand:	right 
Style of play:	Shakehand grip, attack
Coach:	Peter Andersson (with significant contributions from his brother, Malte Möregårdh)
Current world ranking (week 51 - 2024):	7
Current European ranking (December 2024):	2
Clubs as the active player(s):	Lexuan Sports Group TTC

Senior Career Highlights

2024:

- Paris Summer Olympics

Men's Singles - Silver Medal: Defeated Nr 1 Wang Chuqin in the round of 32 and advanced to the final, where he lost to Fan Zhendong.

Men's Team - Silver Medal: The Swedish men's table tennis team reached the finals and earned the silver medal, with China taking gold.

- Swedish National Championships:

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Gold in Men's Singles and Men's Doubles. He secured his fourth consecutive singles title and also won doubles with Anton Källberg.

2023:

- **European Championships:**

Sweden, with Möregårdh as a key player, won the gold in the men's team event at the 2023 European Championships.

2021:

- **World Championships (Houston):**

Silver in Men's Singles: Defeated Timo Boll and Hugo Calderano before losing to Fan Zhendong in the final.

Sweden's first men's singles medal since 1997.

Breakthrough Moments and Achievements

2024 Paris Summer Olympics

- Möregårdh's historic silver medal in men's singles was one of the most significant moments of his career. His victory over world number one **Wang Chuqin** was a monumental upset and showcased his ability to handle high-pressure matches.
- Sweden's silver in the team event.

2021 World Table Tennis Championships:

- This tournament marked Möregårdh's arrival as a global contender. As an unseeded player, his journey to the final included stunning victories over higher-ranked opponents, making him one of the youngest players ever to reach the men's singles final.

2023 European Championships Team Event:

- Möregårdh's decisive performances, particularly in the final against Germany, were pivotal in securing Sweden's gold medal. His contributions revitalized Sweden's reputation as a powerhouse in European table tennis.

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Medals and Titles

- **Olympic Games:**

2024 Paris Singles, Silver medal – second place
2024 Paris Team, Silver medal – second place

- **World Championships:**

2021 Houston Singles, Silver medal – second place
2018 Halmstad Team, Bronze medal – third place

- **European Games:**

Silver medal – second place, 2023 Kraków–Małopolska, Team

- **European Championships:**

2023 Malmö Team, Gold medal – first place
2024 Linz Doubles, Silver medal – second place
2019 Nantes Team, Bronze medal – third place
2021 Cluj-Napoca Team, Bronze medal – third place
2024 Linz Singles, Bronze medal – third place

Junior Career and Early Achievements

2019:

- **European Youth Championships:**

Clinched the gold medal in singles, showcasing his dominance in the junior category.

- **European Championships:**

Contributed to Sweden's bronze medal in the team event, highlighting his impact on the international stage.

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2018:

- **World Junior Championships:**

Earned silver in singles, demonstrating consistent performance at the global junior level.

- **Youth Olympic Games, Buenos Aires:**

Reached the quarter-finals in singles and narrowly missed a medal in mixed doubles, finishing fourth with partner Sabina Šurjan.

- **World Team Table Tennis Championships:**

Played a crucial role in Sweden's bronze medal finish, underscoring his contribution to the national team's success.

2017:

- **World Junior Championships:**

He secured silver in singles, reinforcing his status as a leading junior player globally.

- **European Youth Championships:**

Achieved silver in singles, showcasing his competitive edge in continental tournaments.

2016:

- **European Youth Top-10:**

Clinched the title, demonstrating his prowess among Europe's best young talents.

Breakthrough Moments and Achievements

2019:

- **European Youth Championships Victory:**

Möregårdh's gold medal in singles at this event solidified his reputation as Europe's top junior player, highlighting his technical skill and mental fortitude.

- **Swedish National Championship Triumph:**



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Defeating seasoned player Kristian Karlsson in the final signified his emergence as a leading figure in Swedish table tennis, bridging his transition from junior to senior levels.

2018:

- **Youth Olympic Games Performance:**

His quarter-final finish in singles and near podium finish in mixed doubles at a global multi-sport event highlighted his potential on the world stage, competing against the best young talents worldwide.

2016:

- **European Youth Top-10 Victory:**

Winning this prestigious event at a young age underscored his status as a rising star in European table tennis, setting the stage for subsequent successes.

Medals and Titles

- **World Junior Championships**

2017 Riva Del Garda Singles, Silver medal – second place

2019 Korat Singles, Silver medal – second place

2024: Detailed Overview and Achievements

Medals and Titles

August 2024 – Summer Olympics (Paris):

- **Men's Singles:** Möregårdh defeated Wang Chuqin in the Round of 32 and earned silver after losing to Fan Zhendong in the final.
- Möregårdh played a crucial role in Sweden's journey to the final, where they were defeated by China.

Breakthrough Moments and Achievements





- Olympic Games

2024 Paris Singles, Silver medal – second place
2024 Paris Team, Silver medal – second place

Biography and Career

Truls Möregårdh's journey from a prodigious talent in Hovmantorp to an international table tennis sensation is marked by dedication and strategic growth. His early relocation to Eslöv, a hub for Swedish table tennis, facilitated access to superior training facilities and coaching, laying the foundation for his future success.

Möregårdh's career is distinguished by a series of significant milestones, including his silver medal at the 2021 World Championships and his remarkable performance at the 2024 Paris Olympics. His contributions have been instrumental in Sweden's resurgence in international table tennis, inspiring a new generation of players.

Early Life and Background

Born and raised in Hovmantorp, Sweden, Möregårdh exhibited exceptional talent in table tennis from a young age. His family's relocation to Eslöv was a strategic move to support his burgeoning career, providing him with access to elite training environments. This familial support has been a cornerstone of his development, with his brother, Malte Möregårdh, playing a pivotal role as his coach.

Playing Style and Personality

Möregårdh's playing style is highly dynamic and offensive. A right-handed player, he uses the shakehand grip and is known for his powerful forehand loops, deceptive backhand flicks, and exceptional footwork. He thrives in high-pressure situations and is fearless against top-ranked opponents. Off the table, Möregårdh is charismatic and confident, with a playful personality that has endeared him to fans worldwide.

Legacy and Future Goals



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MONTREUX (SWITZERLAND) 2025

At the end of 2024, Truls Möregårdh is regarded as one of the most talented players of his generation. He carries the hopes of Swedish table tennis, following in the footsteps of legends like Waldner and Persson. His future goals include winning an Olympic gold medal, securing a World Championship title, and continuing to inspire young players in Sweden and beyond.

Conclusions

Truls Möregårdh's career trajectory is nothing short of extraordinary. By December 2024, he has achieved remarkable success, solidifying his status as a global table tennis star. With his talent, determination, and love for the game, Möregårdh is set to leave a lasting legacy and achieve even greater heights in the years to come.

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